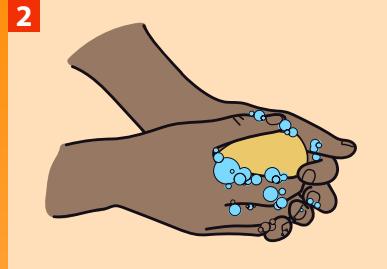


Gukaraba intoki

Karaba intoki ukoresheje isabune n'amazi mu masegonda 20-30. Niba intoki zanduye, karaba intoki ukoresheje isabune n'amazi, udakoresheje imiti isukura intoki, mu masegonda 40-60. Koresha imiti isukura intoki cyangwa amazi arimo kolore, igihe isabune n'amazi bidahari.



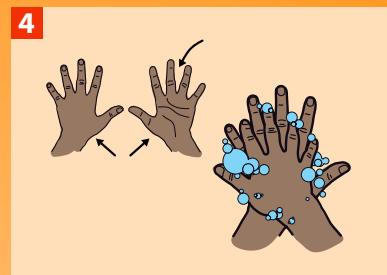
Oroshya intoki ukoresheje amazi.



Siga isabune ihagije ku buryo iga ku bice by/intoki byose.



Tsirima intoki ziri kumwe maze ukube ibice byose.



Karaba imbere n'inyuma ku ntoki zawe no hagati y'intoki zawe.



Unyuguza intoki ukoresheje amazi.



Umutsa intoki neza ukoresheje isume ikoreshwa rimwe cyangwa uzireke zumutswe n'umuyaga.

Igihe cyo gukara intoki

- Mbere, uri, na nyuma yo gutegura amafunguro
- Mbere yo gufata amafunguro
- Mbere na nyuma yo kwita ku murwayi
- Mbere na nyuma yo kuvura ahakomeretse cyangwa igisebe
- Nyuma yo kuva mu musarani
- Nyuma yo guhindura pampegisi cyangwa gukarabya umwana witumye
- Nyuma yo kwipfuna, gukorora, cyangwa kwitsamura