

# ጀርምታት ኣጥፍኡ፡ ጥዕናኹም ኣልዉ!

የእዳውኩም ብተኻታታሊ ብሳምናን ምዉቕ ብዝበለ ማይን ተሓጸቡ



## Stop Germs, Stay Healthy!

- Wash hands often with soap and warm water
- Wash for 20 seconds, rinse well and dry
- Cover coughs and sneezes
- When sick, stay home

## ተሸፊንኩም ሰዓሉን ኣህንጥሱን



## ኣብዝተጸለኣኩም እዋን፡ ኣብ ገዛ ወዓሉ

